



Dear Parent/Guardian,

I am writing to inform you that AMS will be visiting Salesian College in March to perform a comprehensive, doctor led, Cardiac Screening Service. This is being organised in association with the Parents Association.

Salesian College recognises the importance of sport and extra-curricular activities during and outside of school hours. The school is committed to looking after the health & wellbeing of students and staff. Research has shown that cardiac screening can significantly reduce the incidents of Sudden Adult Death Syndrome (SADS).

AMS is Ireland's leading mobile Cardiac Screening company. They perform cardiac screening in schools & sports clubs nationwide, ultimately aimed at reducing the incidents of SADS. Please see below for further information on cardiac screening.

## CARDIAC SCREENING

is ultimately aimed at reducing the incidents of Sudden Adult Death Syndrome (SADS) in Ireland. International best practice recommends cardiac screening every 2 years for people involved in competitive sport. Please see overleaf further information about this service.

### FEE

The fee for Cardiac Screening is at a discounted rate of €69.50pp. People with Laya Health insurance can avail of this service for free (current individual membership number must be presented). People with other private health insurance will have to consult their respective policies to ascertain whether the cost can be reclaimed.

\* SEE OVERLEAF FOR HOW TO BOOK AN APPOINTMENT

### DEADLINE FOR BOOKING

Sunday 1<sup>st</sup> March

Places are limited so book early to avoid disappointment

*Alan Byrne*

Dr. Alan Byrne  
AMS Medical Director  
Consultant in Sports and Exercise Medicine  
MB BAO BCh MRCPI MSc (Sports medicine) FFSEM

## CARDIAC SCREENING

The screening includes:

- A personal & family history questionnaire
- Physical examination with a Medical Doctor
- 12 Lead Electrocardiogram (ECG)
- The Medical data & ECG are assessed and reported on by a Consultant Cardiologist

## WHY CARDIAC SCREENING?

- Up to 100 young people die each year in Ireland from Sudden Adult Death Syndrome (SADS).
- 1 in 300 people may have a cardiac abnormality.
- The national register recently reported that the incidents of SADS are higher in Ireland than many other European countries.
- In Italy cardiac screening is mandatory for those involved in competitive sport for the past 25 years. They have reduced the incidents of SADS by 89%.
- The GAA's Medical Scientific and Welfare Committee recommend cardiac screening for all players 14 years and older.
- The European Society of Cardiology & the International Olympic Committee recommend cardiac screening every 2 years for people involved in competitive sport.
- AMS's service is based on the recommendations of the above named organisations.



## HOW TO BOOK IN FOR THIS SERVICE:

1. Go to [www.ameds.ie](http://www.ameds.ie)
2. Click on Online booking
3. Enter clinic code: **salesian**
4. Choose appointment

The appointment time you receive will be provisional.  
The actual time & date will be confirmed in due course.

For general enquiries please contact  
Séamus Tobin on 086 040 1301



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MORE INFORMATION

